

COMMUNITY HEALTH DROP-IN

THURSDAY 24TH OCTOBER 2019

1:30pm to 4:30pm

Quick checks – Blood Pressure, Diabetes, ECG

Mayor of Redbridge

- *Yoga*
- *Pharmacist*
- *Hearing Loss*
- *Care Services*
- *Age UK*
- *Mental Health*
- *Memory clinic*
- *Healthwatch*
- *Nurse-Practitioner*
- *TB awareness*
- *Tai Chi*

SOUTH WOODFORD HEALTH CENTRE
114 HIGH ROAD, E18 2QS (ENTRANCE FROM HIGH ROAD)

Further details from

Chandra Patel (Elmhurst) 07961 145592, Rakesh Dutta (Queen Mary) 07931 514129, Michelle Greene (Shrubberies) 020 8505 8354

